

ERRATA

Sid. 16

Stryk rubriken **Psychodynamic theory** - rubriken skall var **The body and mind**

Under rubriken lägg till stycket

Art psychotherapy is regarded as a body and mind intervention in this thesis and as such, the whole body is in focus with its different parts. The body is looked upon as an entity. The understanding of the art psychotherapy is something of this kind; art facilitates bodily processes. The body expresses figures and forms on to the paper and after that, it views an impression of the painted with its eyes.

Sid. 19 Näst sista stycket skall vara .

“For some complex reason, the body-and-mind will not comprehend its innate affects; this means that when the body-and-mind experiences tensions they ward them off continuously. The tension in the body-and-mind will have no outlet; a terrible situation for the unrecognised feelings as they need to be treated. Gradually, the feelings can be converted into somatic or mental disorders. A primary form of alexithymia will be developed; it is regarded as a permanent state. Alexithymia in the secondary form is regarded as natural reaction; it is a phase in the process of crisis.

Sid. 26 **Figure 4.** Se nästa sida

Sid. 62 **Figure 6.** Stryk "Projections" skall vara "Amplifications".

REFERENCES

Rose, G. (2005). *Visual methodologies*. London: Sage Publications Ltd.

Lazarus, R. S., & Folkman, S. (1984). The coping process: An alternative to traditional formulations. In R. S. Lazarus & S. Folkman (Eds.), *Stress, Appraisal, and Coping* (pp. 141-180). New York: Springer.

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Appendix 1 sid. 16 sista stycket skall vara

Code (phenomenon)	Category (colour)	Category (elements)	Sub theme
<u>Amplification 9a</u> To be lines painted with a lot of colour. Pointing to the right and to the left in arrow-like forms, two at each side. Thorny lines as each side vertically outside horizontally lines near two central lines.	<u>Scribble 9a</u> Strong light blue and medium blue colours.	<u>Scribble 9a</u> Intensive thorny lines either they go horizontal or vertical. The forms are leaves of a cactus. Lines besides the trunk make a surrounding.	Growth and protection

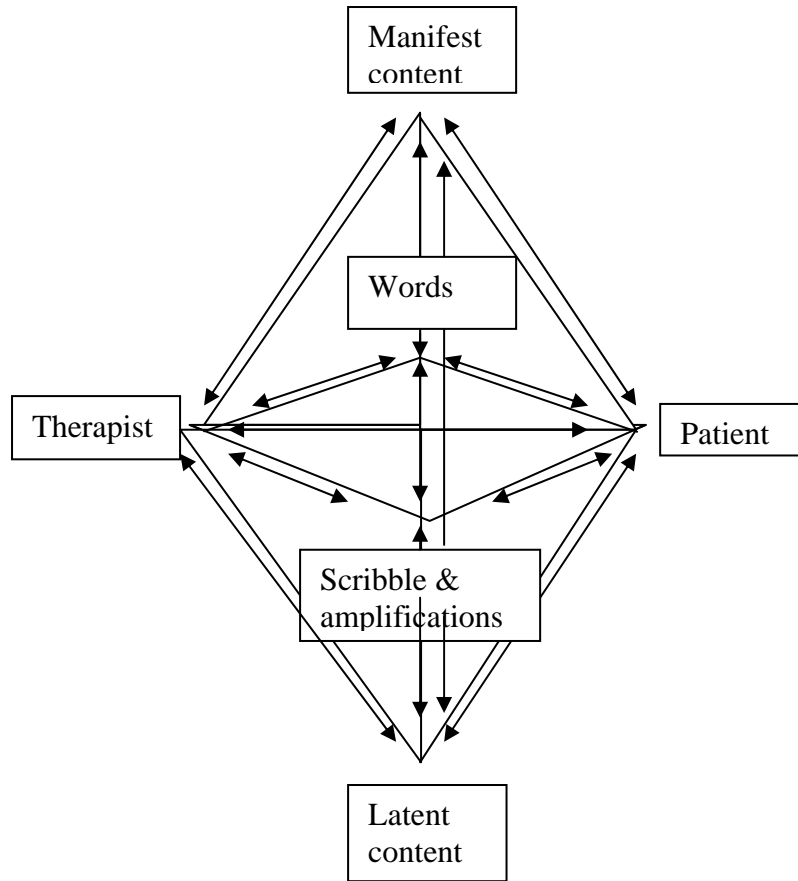


Figure 6. An octaed, a body of the actors in art psychotherapy.